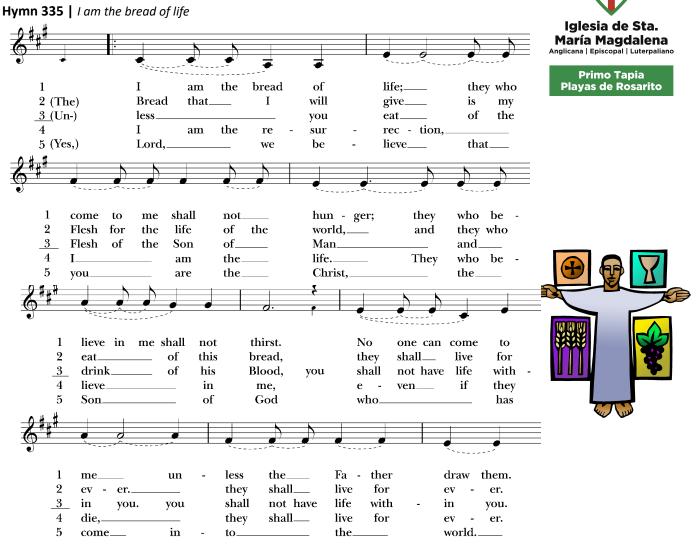
#### SUMMER SEASON: PROPER 14 | THE HOLY EUCHARIST

Jesus said to them, "I am the bread of life."

#### About this Gathering

Summer season propers is a period of reflection for Christ-followers on the Crucified Risen Christ Jesus that aims to encourage us to learn and practice Reign of God discipleship. Please lift your voice in hymns, worship and prayer!

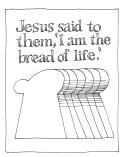
#### Prelude



Refrain • Hands lifted up! And I will raise them up, and I will raise them up, and I will raise them up on the last day!

## THE WORD OF GOD

We wait in hope for God; who is our help and our shield.
Our hearts rejoice in God in whose holy Name we put our trust.
Let your loving-kindness, O God, be upon us, for we have put our trust in you.
Blessed be our God. For ever and ever. Amen.



**Song of Praise** | *Gloria, gloria, gloria* | Sung twice. Your choice of language.



God be with you.

And also with you.

Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

**1 Kings 19:4-8** | Elijah's exhaustion and hunger drive him to the brink of collapse where an angel ministers to him.

A Reading from the First Book of Kings.

But Elijah himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die, "It is enough; now, O Lord, take away my life, for I am no better than my ancestors. Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones and a jar of water. He ate and drank and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, or the journey will be too much for you." He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Hear what the Spirit is saying to the Churches.

Thanks be to God.

Psalm 34:1-8 | A psalm of thanksgiving.

Let us read Psalm 34 responsively.

I will bless the LORD at all times; \*

his praise shall ever be in my mouth.

I will glory in the LORD; \*

let the humble hear and rejoice.

Proclaim with me the greatness of the LORD; \*

let us exalt his Name together.

I sought the LORD, and he answered me \* and delivered me out of all my terror.

Look upon him and be radiant, \*

and let not your faces be ashamed.

I called in my affliction, and the LORD heard me \*

and saved me from all my troubles.

The angel of the LORD encompasses those who fear him, \*

and he will deliver them.

Taste and see that the LORD is good; \*

happy are they who trust in him!

Ephesians 4:25-5:2 | All discourse and behavior should build up the life of the community.

A Reading from Paul's letter to the Church in Ephesus.

So then, putting away falsehood, let each of you speak the truth with your neighbor, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil.

Those who steal must give up stealing; rather, let them labor, doing good work with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths but only what is good for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and walk in love, as Christ loved us[d] and gave himself up for us, a fragrant offering and sacrifice to God.

Hear what the Spirit is saying to God's people. Thanks be to God.

Hymn 321 | My God, thy table now is spread



**John 6:35, 41-51** | Jesus speaks of bread as the revelation of God in word and wisdom and God in Eucharist. The Holy Gospel of our Savior Jesus Christ according to John.

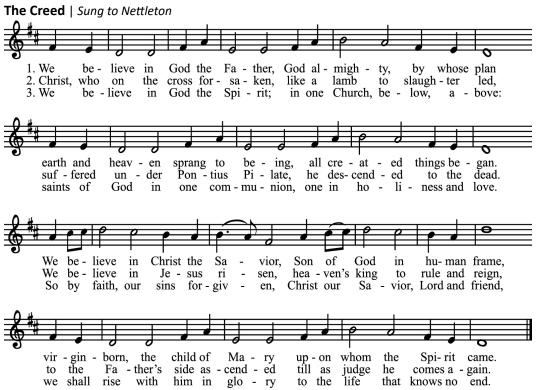
Glory to you, Lord Christ.

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me, and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever, and the bread that I will give for the life of the world is my flesh."

The Gospel of our Savior.

Praise to you, Lord Christ.

#### Sermon



Words: Timothy Dudley-Smith (b. 1926); Music: Nettleton, melody from A Repository of Sacred Music, Part II, 1813

#### **Prayers of the People**

O God, your people are hungry for your presence. Teach us to put our trust in you. Let us not forget the wonders you have shown us. You are the Bread of Life;

Give us this bread always.

Your church is hungry for your presence. Give our leaders hearts for your truth and wisdom as they guide us. Bless all who minister in your name and empower us all to live the covenant we have made with you. You are the Bread of Life;

#### Give us this bread always.

Your world is hungry for peace. We pray for the leaders of all the nations, that their hearts are intent on the common good for all people. We pray for those who serve in local governments, and for the courts and Congress and Parliament of our lands. You are the Bread of Life;

Give us this bread always.

Your world is hungry for relief from hardship. We pray for your people in all corners of the world who want for food and shelter; who suffer from oppression and war. Sustain them with your presence and lead us to come to their aid. You are the Bread of Life;

#### Give us this bread always.

Your world is hungry for healing and compassion. We pray for those we hold dear to our hearts who suffer from any illness of body, mind or spirit especially: \_\_\_\_\_\_. We pray also for those who have no one to pray for them. You are the Bread of Life;

Give us this bread always.

Your world is hungry for comfort and eager for new life. Enfold those who have died into your embrace.

especially: \_\_\_\_\_\_. May they rest in your eternal presence. Comfort those who mourn, especially:

. May we all come to know the life that is eternal. You are the Bread of Life;

Give us this bread always.

Strengthen your image in our lives that we may reflect your goodness, your righteousness and your reign in all that we say or do. Fill us with the fullness of God. You are the Bread of Life;

Give us this bread always.

In Jesus's name we pray. Amen.

## **Confession of Sin**

Let us confess our sins to God.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

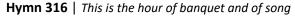
## Peace

The peace of Christ be always with you.

And also with you.

## HOLY COMMUNION | Please share Communion with us

**Offering** | An Invitation to Joy & Gratitude | Give in Person with Offering Basket, by US Mail or Online. Gifts received are blessed with this prayer: "Generous God, at your table we present this money, symbol of the work you have given us to do; use it, use us, in the service of your world to the glory of your name. Amen."





Words: Horatius Bonar (1808-1889), alt. Music: Canticum refectionis, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

#### The Great Thanksgiving

Jesus said to them, "I am the bread of life.

"Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

God be with you.

And also with you.

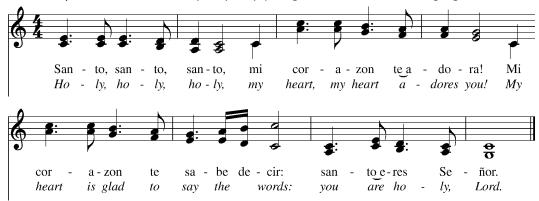
Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth, through Jesus Christ our Savior, who rose victorious from the dead and comforts us with the blessed hope of everlasting life. For to your faithful people, O God, life is changed, not ended; and when our mortal body lies in death, there is prepared for us a dwelling place eternal in the heavens. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



WLP 785 | Santo, santo, santo Holy, holy, holy | Sung twice. Your choice of language.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

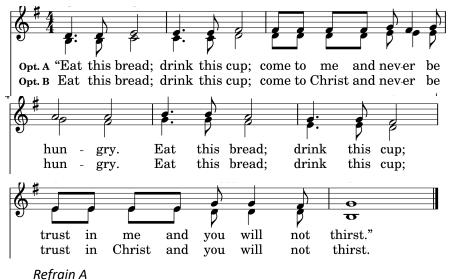
We remember Christ's death, We proclaim Christ's resurrection, We await Christ's coming in glory; And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary Magdalene and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

As our Savior Christ has taught us, we now pray:

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread | Taizé Hymn | Eat This Bread



- 1 I am the bread of life, the true bread sent from the Father Refrain B
- 2 Your ancestors ate manna in the desert, but this is the brad come down from heaven *Refrain A*

## Communion

The Gifts of God for the People of God.

Following Jesus' prophetic example to welcome everyone to His table, St. Mary's welcomes everyone to take communion with us.

## Post Communion | Taizé Hymn | Eat This Bread

## Refrain A

3 Eat my flesh and drink my blood, and I will raise you up on the last day.

Refrain B

4 Any one who eats this bread, will live forever,

Refrain A

5 If you believe and eat this bread, you will have enteral life. *Refrain B* 

## **Sending Prayer**

Let us pray together.

God of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name. Amen.

## **Blessing Over the People**

May Jesus the Christ who has nourishes us with himself, the living bread, make you one in praise and love, and raise you up at the last day and may the blessing of God Creator, Redeemer and Giver of life be with you always. *Amen*.

Hymn 410 | Praise, my soul, the King of Heaven



## Dismissal

Go forth now, into the world in Peace; Be of good courage; Hold fast to that which is good, Render to no one evil for evil; Strengthen the fainthearted; Support the weak; Help the afflicted; Honor everyone; Go in peace to love and serve Jesus Christ our Savior.

Thanks be to God.



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